

Joma Size Guide

WPG Online Store

Measurements are shown in centimetres and inches. Use the product size selector for the size you wish to order, and this guide for measurement reference.

Men's Top

Size	Chest (cm)	Chest (in)	Waist (cm)	Waist (in)	Hip (cm)	Hip (in)
S	87-94	34.25-37.01	75-82	29.53-32.28	86-93	33.86-36.61
M	95-101	37.40-39.76	83-90	32.68-35.43	94-100	37.01-39.37
L	102-108	40.16-42.52	91-97	35.83-38.19	101-108	39.76-42.52
XL	109-114	42.91-44.88	98-103	38.58-40.55	109-113	42.91-44.49
XXL-3XL	115-143	45.28-56.30	104-134	40.94-52.76	114-138	44.88-54.33

Women's Top

Size	Chest (cm)	Chest (in)	Waist (cm)	Waist (in)	Hip (cm)	Hip (in)
XS	76-82	29.92-32.28	61-68	24.01-26.77	86-90	33.86-35.43
S	83-89	32.68-35.04	69-73	27.16-28.74	91-95	35.83-37.40
M	90-94	35.43-37.01	74-78	29.13-30.71	96-100	37.80-39.37
L	95-98	37.40-38.58	79-82	31.10-32.28	101-104	39.76-40.94
XL	99-102	38.98-40.16	83-86	32.68-33.86	105-108	41.34-42.52
XXL-3XL	103-106	40.55-41.73	87-90	34.25-35.43	109-112	42.91-44.09

Men's Bottom

Size	Waist (cm)	Waist (in)	Hip (cm)	Hip (in)	Inseam (cm)	Inseam (in)
XS	68-74	26.77-29.13	80-85	31.50-33.46	81	31.89
S	75-82	29.53-32.28	86-93	33.86-36.61	81.5	32.09
M	83-90	32.68-35.43	94-100	37.01-39.37	82	32.28
L	91-97	35.83-38.19	101-108	39.76-42.52	82.5	32.48
XL	98-103	35.58-40.55	109-113	42.91-44.49	83	32.68
XXL-3XL	104-134	40.94-52.76	114-138	44.88-54.33	83.5	32.87

Women's Bottom

Size	Waist (cm)	Waist (in)	Hip (cm)	Hip (in)	Inseam (cm)	Inseam (in)
XS	61-68	24.01-26.77	86-91	33.86-35.83	78	30.71
S	69-73	27.17-28.74	92-95	36.22-37.40	78.5	30.91
M	74-78	29.13-32.28	96-100	37.80-39.37	79	31.10
L	79-82	31.10-32.28	101-104	39.76-40.94	79.5	31.30
XL	83-86	32.68-33.86	105-108	41.34-42.52	80	31.50
XXL-3XL	87-90	34.25-35.43	109-112	42.91-44.09	80.5	31.69

Youth's Top and Bottom

Size	Age	Height (cm)	Height (in)	Chest (cm)	Chest (in)	Waist (cm)	Waist (in)	Hip (cm)	Hip (in)
6XS	4-5	100-108	39.37-42.52	55-57	21.65-22.44	54-55	21.26-21.65	60-62	23.62-24.41
5XS	5-6	109-117	42.91-46.06	58-61	22.83-24.02	56-57	22.05-22.44	63-65	24.80-25.59
4XS	7-8	118-128	46.46-50.39	62-66	24.41-25.98	58-60	22.83-23.62	66-68	25.98-26.77
3XS	9-10	129-140	50.79-55.12	67-72	26.38-28.35	61-64	24.01-25.19	69-74	27.17-29.13
2XS	11-12	141-152	55.51-59.84	73-79	28.74-31.10	65-68	25.59-26.77	75-80	29.52-31.50
XS	12-14	153-164	60.24-64.57	80-87	31.50-34.25	69-72	27.17-28.35	81-86	31.89-33.86

Note: Joma youth size codes such as 6XS, 5XS, 4XS, 3XS, 2XS and XS are manufacturer size codes. On the WPG website, customer-facing junior size choices may be shown primarily by age range for clarity.

This PDF reproduces the Joma sizing information currently held on the WPG website. If Joma updates its ranges or measurements, the current supplier/manufacturer guide should take precedence.